

# Ali S. Malik, D.O., D.A.O.C.P.M.R., M.S.B.E.

Phone: (800) 735-1178  
Fax: (772) 223-6354  
E-mail: Dr.Malik@globalneuroandspine.com



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## **Postgraduate Training**

- 08/15 – 07/16      **Interventional Spine and Sports Medicine Fellowship**  
Icahn School of Medicine at Mount Sinai, New York, NY  
Mount Sinai Health System, New York, NY
- 07/14 – 06/15      **Chief Resident of Physical Medicine and Rehabilitation**  
Nova Southeastern University, Fort Lauderdale, FL  
Larkin Community Hospital, South Miami, FL
- 07/12 – 06/14      **Physical Medicine and Rehabilitation Residency**  
Nova Southeastern University, Fort Lauderdale, FL  
Larkin Community Hospital, South Miami, FL
- 07/11 – 06/12      **Traditional Rotating Osteopathic Internship**  
University of Medicine and Dentistry of New Jersey, Stratford, NJ  
Inspira Medical Center Vineland, Vineland, NJ

## **Education**

- 09/06 – 06/10      **Doctorate of Osteopathic Medicine**  
Nova Southeastern University, College of Medicine, Fort Lauderdale, FL
- 09/03 – 05/05      **Master of Science in Biomedical Engineering**  
University of Miami, College of Engineering, Coral Gables, FL
- 09/99 – 05/03      **Bachelor of Science in Biomedical Engineering**  
University of Miami, College of Engineering, Coral Gables, FL

## **Faculty Appointments**

- 07/18 – 06/2020      **Icahn School of Medicine at Mount Sinai, *New York, NY***  
Assistant Clinical Professor  
Department of Rehabilitation and Human Performance  
Mount Sinai Health System

## **Professional Experience**

- 02/2020 – Current     **Global Neuro & Spine Institute, Jensen Beach, FL**  
Interventional Pain Management Physician
- 02/2018 – 02/2020     **Comprehensive Spine and Pain Center of New York, New York, NY**  
Interventional Pain Management Physician
- 06/2017 – 02/2018     **Icon Medical Center, Miami, FL**  
Interventional Pain Management Physician
- 07/2016 – 02/2018     **NCH Physicians Group, Naples, FL**  
Interventional Pain Management Physician
- 11/2015 – 07/2016     **Mount Sinai Beth Israel Hospital, New York, NY**  
PM&R Physician (*Moonlighted during fellowship*)
- 06/2014 – 07/2015     **MD Now Urgent Care Center, Miami, FL**  
Urgent Care Physician (*Moonlighted during residency*)
- 06/2013 – 05/2014     **Physicians @ Home, Hollywood, FL**  
Primary Care Physician (*Moonlighted during residency*)
- 09/2003 – 05/2005     **Max Biedermann Institute, Miami Beach, FL**  
Biomedical Engineer
- 05/2001 – 07/2002     **Bascom Palmer Eye Institute, Miami, FL**  
Biomedical Engineer

## **Peer-Reviewed Publications**

- Malik, A.S.**, Ladd, C.G., Cuevas-Trisan, R. “Relapsing-Remitting Distal Variant Neuralgic Amyotrophy.” *Journal of Osteopathic Physiatry*. 2016; 1(1): 14 – 16.
- Malik, A.S.**, Cairns, K.D. “Percutaneous Rupture of a Symptomatic Facet Joint Synovial Cyst using 2-Needle Distention.” *Regional Anesthesia and Pain Medicine*. 2015; 40(5): 635 – 638.
- Raj, N., **Malik, A.S.**, Waters, B. “A Rare Case of Erythromelalgia in a Young Male Patient.” *Interdisciplinary Journal of Microinflammation*. 2014; 1(107): 1 – 4.

## **Peer-Reviewed Abstracts**

- Malik, A.S.**, Ladd, C.G., Cuevas-Trisan, R., Diaz, J.J. “Relapsing-Remitting Distal Variant Neuralgic Amyotrophy: A Case Report.” *American Academy of Physical Medicine and Rehabilitation*, Boston, MA. October 1 – 4, 2015.

## **Peer-Reviewed Abstracts (Continued)**

Miller, J., **Malik, A.S.**, Lavernia, C.J. “Periprosthetic Osteolysis of the Proximal Femur after Revision Total Hip Arthroplasty.” *Florida Medical Association David A. Paulus, M.D. Annual Symposium*, Orlando, FL. July 31 – August 2, 2015.

**Malik, A.S.**, Ladd, C.G., Cuevas-Trisan, R., Diaz, J.J. “Relapsing-Remitting Distal Variant Neuralgic Amyotrophy.” *National Veterans Affairs Research Week*, West Palm Beach, FL. May 18 – 22, 2015.

**Malik, A.S.**, Ladd, C.G., Cuevas-Trisan, R., Diaz, J.J. “Relapsing-Remitting Distal Variant Neuralgic Amyotrophy.” *American Osteopathic College of Physical Medicine and Rehabilitation*, San Antonio, TX. April 9 – 12, 2015.

**Malik, A.S.**, Akinyemi, B., Nedd, K.J. “Heavy Metal Poisoning Misdiagnosed as Fibromyalgia.” *American Osteopathic College of Physical Medicine and Rehabilitation*, San Antonio, TX. April 9 – 12, 2015.

Brennan, P.T., **Malik, A.S.**, Bush, D. “Post-Treatment Lyme Disease Syndrome: Time for Treatment Guidelines?” *American Osteopathic College of Physical Medicine and Rehabilitation*, San Antonio, TX. April 9 – 12, 2015.

Compas, J., **Malik, A.S.**, Abratt, L. “Traumatic Upper Trunk Brachial Plexopathy after High-Speed Motorcycle Accident.” *American Osteopathic College of Physical Medicine and Rehabilitation*, San Antonio, TX. April 9 – 12, 2015.

Miller, J., **Malik, A.S.**, Lavernia, C.J. “Periprosthetic Osteolysis of the Proximal Femur after Revision Total Hip Arthroplasty.” *American Osteopathic College of Physical Medicine and Rehabilitation*, San Antonio, TX. April 9 – 12, 2015.

Ritucci, S., **Malik, A.S.**, Diaz, J.J. “Atypical Presentation of an Acute Unilateral Pontine Infarction.” *American Osteopathic College of Physical Medicine and Rehabilitation*, San Antonio, TX. April 9 – 12, 2015.

**Malik, A.S.**, Cairns, K.D., Diaz, J.J. “Percutaneous Rupture of a Facet Joint Synovial Cyst using a Two-Needle Technique: A Case Report.” *American Academy of Physical Medicine and Rehabilitation*, San Diego, CA. November 13 – 16, 2014.

Mahajer, A., **Malik, A.S.**, Georgekutty, J., Romero, F., Diaz, J.J. “Lateral Inferior Geniculate Artery a Key Anatomic Landmark in Sonographic Evaluation of the Anterolateral Ligament of the Knee: A Case Report.” *American Academy of Physical Medicine and Rehabilitation*, San Diego, CA. November 13 – 16, 2014.

Brennan, P.T., **Malik, A.S.**, Bush, D. “Post-Treatment Lyme Disease Syndrome: Time for Treatment Guidelines?” *Consortium for Excellence in Medical Education*, Fort Lauderdale, FL. November 14, 2014.

## **Peer-Reviewed Abstracts (Continued)**

Compas, J., **Malik, A.S.**, Abratt, L. “Traumatic Upper Trunk Brachial Plexopathy after High-Speed Motorcycle Accident.” *Consortium for Excellence in Medical Education*, Fort Lauderdale, FL. November 14, 2014.

Miller, J., **Malik, A.S.**, Lavernia, C.J. “Periprosthetic Osteolysis of the Proximal Femur after Revision Total Hip Arthroplasty.” *Consortium for Excellence in Medical Education*, Fort Lauderdale, FL. November 14, 2014.

Ritucci, S., **Malik, A.S.**, Diaz, J.J. “Atypical Presentation of an Acute Unilateral Pontine Infarction.” *Consortium for Excellence in Medical Education*, Fort Lauderdale, FL. November 14, 2014.

**Malik, A.S.**, Akinyemi, B., Nedd, K.J. “Chronic Mercury Poisoning Misdiagnosed as Fibromyalgia.” *Florida Medical Association David A. Paulus, M.D. Annual Symposium*, Orlando, FL. July 25 – 27, 2014.

Raj, N., **Malik A.S.**, Waters, B. “A Rare Case of Erythromelalgia in a Young Male Patient.” *Florida Medical Association David A. Paulus, M.D. Annual Symposium*, Orlando, FL. July 25 – 27, 2014.

**Malik, A.S.**, Cairns, K.D. “Percutaneous Rupture of a Facet Joint Synovial Cyst using a Two-Needle Technique.” *Florida Society of Interventional Pain Physicians*, Orlando, FL. May 16 – 18, 2014.

**Malik, A.S.**, Cairns, K.D. “Percutaneous Rupture of a Facet Joint Synovial Cyst using a Two-Needle Technique.” *American Osteopathic College of Physical Medicine & Rehabilitation*, Atlantic City, NJ. April 3-6, 2014.

**Malik, A.S.**, Mahajer, A., Vargas, J.L., Diaz, J.J. “Rehabilitation after Osteotendinous Repair of Traumatic Bilateral Quadriceps Tendon Rupture.” *American Osteopathic College of Physical Medicine & Rehabilitation*, Atlantic City, NJ. April 3 – 6, 2014.

**Malik, A.S.**, Georgekutty, J., Vargas, J.L., Diaz, J.J. “Vestibular Rehabilitation for Management of Vertigo in a Patient with Parkinson’s Disease: A Case Study.” *American Osteopathic College of Physical Medicine & Rehabilitation*, Atlantic City, NJ. April 3 – 6, 2014.

**Malik, A.S.**, Cairns, K.D. “Percutaneous Rupture of a Facet Joint Synovial Cyst using a Two-Needle Technique.” *American Academy of Pain Medicine*, Phoenix, AZ. March 6 – 9, 2014.

**Malik, A.S.**, Cairns, K.D. “Percutaneous Rupture of a Facet Joint Synovial Cyst using a Two-Needle Technique.” *Florida Osteopathic Medical Association*, Weston, FL. February 19 – 23, 2014.

**Malik, A.S.**, Cairns, K.D. “Percutaneous Rupture of a Facet Joint Synovial Cyst using a Two-Needle Technique.” *Consortium for Excellence in Medical Education*, Fort Lauderdale, FL. November 1, 2013.

## **Peer-Reviewed Abstracts (Continued)**

Dy, C., Ouellette, E.A., **Malik, A.S.**, Makowski, A., Mohnani, D., Milne, E., Latta, L. “Biomechanics of Distal Radioulnar Repair: Ligament Reconstruction vs Capsulorrhaphy.” *Orthopedic Trauma Association*, Baltimore, MD. October 13 – 16, 2010.

Cuartas, E., Baria, D., **Malik, A.S.**, Shufflebarger, H., Milne, E., Latta, L. “Torsional Rigidity of Long Scoliotic Constructs: Hooks vs. Screws.” *American Academy of Orthopedic Surgeons*, New Orleans, LA. March 9 – 13, 2010.

Cuartas, E., Baria, D., **Malik, A.S.**, Shufflebarger, H., Milne, E., Latta, L. “Torsional Rigidity of Long Scoliotic Constructs: Hooks vs. Screws.” *Southern Biomedical Engineering Conference*, Miami, FL. May 15 – 17, 2009.

Cuartas, E., Baria, D., **Malik, A.S.**, Shufflebarger, H., Milne, E., Latta, L. “Torsional Rigidity of Long Scoliotic Constructs: Hooks vs. Screws.” *Orthopedic Research Society*, Las Vegas, NV. February 22 – 25, 2009.

Dy, C., Ouellette, E. A., **Malik, A.S.**, Makowski, A., Mohnani, D., Milne, E., Latta, L. “Mechanical Testing of Distal Radioulnar Repair: Ligament Reconstruction vs Capsulorrhaphy.” *Orthopedic Research Society*, San Francisco, CA. March 2 – 5, 2008.

Dy, C., Ouellette, E.A., **Malik, A.S.**, Makowski, A-L., Mohnani, D., Diaz, V., Herndon, E., Milne, E., Latta, L. “Mechanical Testing of Distal Radioulnar Repair: Ligament Reconstruction vs Capsulorrhaphy.” *Florida Orthopedic Society*, Orlando, FL. May 18, 2007.

Dy, C., Ouellette, E. A., **Malik, A.S.**, Mohnani, D., Diaz, V., Herndon, E., Milne, E., Latta, L. “Mechanical Testing of Distal Radioulnar Repair: Ligament Reconstruction vs Capsulorrhaphy.” *American Academy of Orthopedic Surgeons*, San Diego, CA. February 14 – 18, 2007.

Dy, C., Ouellette, E. A., **Malik, A.S.**, Diaz, V., Herndon, E., Makowski, A., Milne, E., Latta, L. “Mechanical Testing of Distal Radioulnar Repair: Ligament Reconstruction vs Capsulorrhaphy.” *American Association for Hand Surgery*, San Juan, Puerto Rico, January 10 – 13, 2007.

### **Ad-Hoc Journal Article Reviewer**

- American Journal of Physical Medicine and Rehabilitation (AJPM&R)
- PM&R Journal (PM&R)

### **Lectures and Podium Presentations**

07/19            *Stem Cell Therapy* (Metro Physical and Aquatic Therapy)  
11/16            *Radiculopathies – Role of Electrodiagnostics* (Nova Southeastern University)  
09/16            *Role of Platelet-Rich Plasma in Sports Injuries* (Naples Community Hospital)  
06/16            *Diagnosis and Management of Scoliosis* (Mount Sinai Spine Center)  
05/16            *Neuromodulation – Spinal Cord Stimulation* (Mount Sinai Spine Center)

### **Lectures and Podium Presentations (Continued)**

03/16 *Vertebral Body Augmentation* (Mount Sinai Spine Center)  
 03/16 *Anti-Coagulation: Current Spine Recommendations* (Mount Sinai Spine Center)  
 02/16 *Intradiscal Stem Cell Therapy for Discogenic Pain* (Mount Sinai Spine Center)  
 01/16 *Anatomy of the Cervical Intervertebral Disc* (Mount Sinai Spine Center)  
 01/16 *Radiofrequency Neurotomy for Cervical Facet Disease* (Mount Sinai Spine Center)  
 12/15 *Sacroiliac and Facet Joint Intra-articular Injections* (Mount Sinai Spine Center)  
 11/15 *Cervical Interlaminar and Transforaminal Injections* (Mount Sinai Spine Center)  
 11/15 *Injectable Steroids: Particulate vs. Non-Particulate* (Mount Sinai Spine Center)  
 09/15 *Radiographic Anatomy of the Spine* (Mount Sinai Spine Center)  
 11/14 *Electrodiagnostic Evaluation of Cervical Radiculopathy* (WPB VA Medical Center)  
 07/14 *Heavy Metal Poisoning Misdiagnosed as Fibromyalgia* (Florida Medical Assoc.)  
 06/14 *Computer Assistive Devices in Rehabilitation* (Larkin Community Hospital)  
 05/14 *Diagnosis and Management of Cervical Radiculopathy* (OSS Orthopedic Hospital)  
 04/14 *Occupational Rehabilitation* (Nova Southeastern University)  
 02/14 *Late Responses in Nerve Conduction Studies* (West Gables Rehab Hospital)  
 01/14 *Overview of Guillain-Barre Syndrome* (West Gables Rehab Hospital)  
 01/14 *Spinal Orthoses: Principles and Applications* (Larkin Community Hospital)  
 01/13 *Traumatic Brain Injury* (West Gables Rehab Hospital)

### **Awards and Achievements**

07/15 ***Chief Resident of PM&R Residency Program***  
 Nova Southeastern University, Larkin Community Hospital

04/15 ***Third-Place Scientific Poster***  
 American Osteopathic College of PM&R Mid-Year Meeting

07/14 ***First-Place Case Report***  
 Florida Medical Association, David A. Paulus M.D. Annual Symposium

05/14 ***First-Place Scientific Poster***  
 Florida Society of Interventional Pain Physicians Annual Meeting

### **Examinations**

10/17 AOBPMR Oral Exam: Pass  
 03/17 AOBPMR Written Exam: Pass  
 06/11 USMLE Step 2 CK: Pass (251/99)  
 12/10 USMLE Step 1: Pass (238/99)  
 05/12 COMLEX Level 3: Pass  
 02/10 COMLEX Level 2 CE: Pass  
 06/08 COMLEX Level 1: Pass

**Professional Memberships**

2015 – Present Spine Intervention Society (SIS)  
2014 – Present American Academy of Physical Medicine and Rehabilitation (AAPMR)  
2012 – Present American Osteopathic College of Physical Medicine & Rehab (AOCPMR)  
2006 – Present American Osteopathic Association (AOA)

**Certifications and Licensure**

2018 – Present Board Certified AOBPMR (Expires: 12/31/2027)  
2015 – Present New York Medical License (Expires: 11/30/2021)  
2014 – Present DOT Certified Medical Examiner  
2014 – Present Dispensing Practitioner Qualification  
2013 – Present DEA Controlled Substance Registration (Expires: 1/31/2022)  
2013 – Present Florida Medical License (Inactive – Currently processing reactivation)  
2007 – Present ACLS/BLS Provider (Expires: 7/11/2021)

**Patient Reviews**

Healthgrades:



Zocdoc:

